



May 2013

Heart to Heart

*Bringing our hearts to Him,
Receiving His Heart for us!*

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Freedom Weekends

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Hot off the Press!

Dear,

***Getting out of trouble** is the common theme this month and a favorite theme of mine on any day. I sure needed to learn a lot of escapes from temptation and trouble! Hope you enjoy these and that you find help through them--just in case you have troubles of your own...*

Steve

Houdini Style Escapes

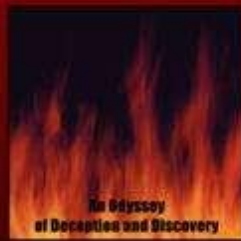
This is one of the best escapes ever...

What do you do when you are pinned to the mat emotionally speaking and you are bound up with anger, or fear, or feelings of rejection and just can't seem to get free? You call out to the Lord of course! In the beginning I did that a lot--and He would send someone, lead me to someone, or swoop in and do the rescuing Himself somehow.

Eventually, I began to sense that the Lord wanted me to take **a more active part in my own liberation**. Our struggle to live free **is** a wrestling match we are told: we can't always expect to tag up with our Partner when the contest is intense. Not when there are moves He might want us to learn how to use with His help.

The move I'm thinking about could be called the "Houdini maneuver" after the famous escape artist of the early 1900's. He would allow himself to be bound in a straight jacket and wrapped with chains, sometimes immersed in

Rescued from Hell



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Hot off the Press!

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a tank of water. How did he get out? He taught himself how to dislocate his shoulder--that got him out of the straight jacket! ***That's passionate dedication to your craft!***

Our maneuver can feel just as wrenching--like you are dislocating the bones of your spiritual body. It's called thanking God in all things for all things. You thank God for the very thing that is binding you, the very thing you wish you weren't having to deal with. ***It feels completely wrong! Out of joint! But it works.***

Vigorously thanking God for the very thing you hate, actually restores you in those moments to a right alignment with your Sovereign who may certainly hate the situation as much as you do, but who has nevertheless allowed it for unassailably good reasons and redemptive purposes.

Try it next time you are bound. Become the Houdini who drives the enemy insane by your God inspired escapes!

Every Problem Comes Double *That's the new math of the kingdom..*

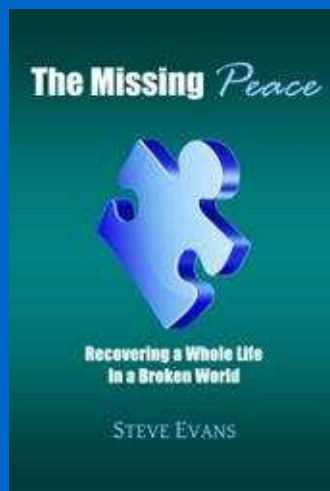
Every time you have a problem *you actually have two problems.* I don't particularly like the math on that, do you? But it is as true as it is unavoidable. Let me explain:

The first problem is something in my life that goes wrong. I could experience it ***as suffering***. Elizabeth Elliot very nicely summed up suffering as: "Having what you don't want or wanting what you don't have." Either way you have a problem! Or I could experience it ***as offense***. As a brand new Christian I would pray: "God, don't let anyone offend me today--you know I can't deal with it very well!" Or I could experience it ***as trouble***. This is practically promised to us by Jesus: "In the world you will have tribulation, but take heart, I have overcome the world." ***All of these constitute the first problem*** just by "showing up" in my life, but ***they also immediately create the second problem***. What's that?

The second problem is how am I going to deal with the unwanted problem that just "showed up?" If I react out of my fallen nature, I will lose the "peace of Christ" and

editions.

Hot off the Press!

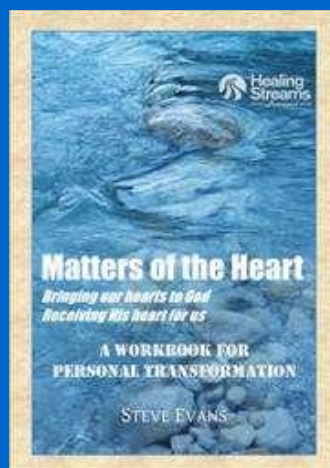


The Missing Peace: Recovering a Whole Life in a Broken World

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Matters of the Heart:A Workbook for Personal Transformation

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your heart to God and receive

my interior "liberty of Spirit." ***A sinful or un-trusting reaction always disconnects us*** from a lively faith connection to Jesus, the Living Vine--***that's why the second problem must be resolved first!***

I love going through my day in the river of peace and being moved from moment to moment like a "leaf floating in the Wind." Now that I have found Him, I never want to let Him go! He, of course, is never going to leave me, but I may depart from Him by going in to an emotional reaction that He cannot join me in!

One night last week as I was leaving the Mission, I was stopped by a very drunken man who asked me to make a phone call for him. That was OK. My big mistake was letting him hold the phone! Later he started walking off very belligerently with my phone. Sure, I wanted my phone back, but I also didn't want to lose the Peace of Christ over the incident as it was taking place. To do that I had to keep praying and trusting God, seeking what the Spirit would allow me to do, and keep forgiving the man. The long and short of it was I neither lost the phone nor the Peace: ***a double victory!***

Stay alert to stay connected--the enemy is only too good at playing this kind of game on us. Nothing is worth losing the Peace of Christ over...and ***with the Peace comes the overcoming power of Jesus*** to enter the situation, subdue it, and transform it.

Emotional "Gravity" ***And what you can do about it...***

In the physical world around you, "what goes up must come down" is the order of the day. However, in the world of emotions within you the rule is just the reverse: "What gets pushed down will come back up!"

Oh sure, your buried emotions and mine may stay down a very long time, but they will seek the surface. And long before they fully emerge they are working away in real time--***often in ways we fail to recognize*** even when they trip us up.

Just consider someone you know who is plagued by worries and anxieties (it could be you). Now notice how often during the day they are assailed by fears that another person glides right past. ***What makes the difference?*** Better genes? Less problems? Hardly.

His Heart for you.

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Video Shorts

Stress Effects

What emotional stress does to
your body.

Holes in the Heart

A life lesson learned on a
Honduran road.

A Warrior's Heart Joyce
fought Lupus and abuse
and won.

Resources



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The first individual evidently has some past unresolved fears still pushed down which keep finding an outlet by latching on to present situations like surface froth--***the really troubling undercurrents run much deeper.***

The other person simply isn't carrying those kinds of issues ***or*** has successfully learned how to deal with the "surface froth" whenever it appears.

Tragically, we typically blame things on the surface of our life's waters for all the turbulence we feel, when our loss of peace is actually coming from the way present people and situations "stir up" the stuff we've stuffed deep below. I call them the monsters at the bottom of the dark lagoon!

If we have lived a lifestyle of fear, then it just feels like a way of life, but it is not life--it is bondage. Jesus came to set us free. ***That's why He rocks the boat!***

Yes, I said it is Jesus who keeps allowing all kinds of situations to trouble your waters and mine! He really wants us to learn how to deal with surface feelings and deeply buried emotions the right way--His way--now that we are living under His leadership. In fact the greater the pressure present events bring to our emotions, the more likely it is that ***Jesus is "going fishing"***--seeking to flush the "bottom crawlers" up to the surface.

At Healing Streams we have two goals: restoration and mastery. The former entails recovery from past emotional damage, while the later involves gaining skill at handling present fluctuations. See our handy illustration **"Fruit and Roots"** for a peek at how this works.

From We to Thee

Preparing for the Harvest...

Last month I told you how I had made an amazing discovery: ***over 15 million people a month are asking Google this question: "How can I get to heaven?"*** And not nearly enough sites are aimed directly at answering it!



Now we have a new site up and running!

Appropriately, it is called **forerunners4Him.org**. We are targeting "seekers" who don't know the Lord and "forerunners" who want to know Him so well that their



Mercy of the Son with stream

lives are grace-filled and free! We want to run into His heart (our intimate devotion) and carry out what we find there to the world around us (our devoted service).

This site is still very much under construction, but it is coming along nicely. Soon, I will be writing a whole series of articles on getting saved by grace and living saved by grace. Can't wait!

Steve and Eunice

Truths with Traction!

A lifetime of learning has gone into the workbook that forms the basis of what we teach. Steve likes to say that these truths have been field tested! They are **"truths with traction,"** guaranteed to get your emotional life unstuck from those pesky stronghold areas that the enemy loves to bring our walk to a halt with.



All it takes is a small investment your time and treasure to have so many secrets of the heart opened to your understanding. In our seminars it is a constant thrill to see **"the lights go on"** for the students. Now you can have the seminar experience in the comfort of your own home! How can you resist? This is the 176 page 8 1/2" x11" ring-bound booklet that we use in class.

Our Price: \$17.50

Available as a download: \$3.00

Healings Streams is a Christian ministry dedicated to helping people find peace and freedom from troubling issues of the emotional life. Such deep roots often become the source for a host of stress related diseases, psychological disorders and addictions. Even so, our goal for people is not just escape from emotional stress and its consequences, but full entry into true Kingdom living--plunging into the river of Peace that flows all around us from the throne of Grace.

Let's all jump in!

Sincerely,

Steve and Eunice Evans

Healing Streams Ministry

A branch of Forerunner Ministries, Inc.