

# Heart to Heart

*Bringing our hearts to Him,  
Receiving His Heart for us!*

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## In This Issue

[The 2nd Greatest Trick of the Enemy](#)

[A Challenge to Go All Out](#)

[An Offer You Can't Refuse](#)

[From We to Thee](#)

## Upcoming Seminars

### Freedom Weekends

April 25-27

May 16-18

June 20-22

## Hot off the Press!



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**Discovery**

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insanity and back.

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## Hot off the Press!

Dear ,

***Lose some excess "spiritual pounds"!*** Who wants to carry around the heavy weight of condemning thoughts, past pain and self-reproach? Not you, surely! So, let these articles inspire you to do some soul-fitness exercises...

*Steve*

## An Unnecessary Weight

***Grace is light as a feather and tough as steel...***

**Float like a butterfly.** For our hearts to float upward into joy and drift languidly on the river of peace as we go through our day, requires us to make sure that "heavy" thoughts don't sink the "peaceful, easy feeling" which the Holy Spirit supplies.

**Heavy thoughts** can be grouped into a few basic categories: fear, bitterness, hurt feelings, hopelessness and guilt. The Gospel of Grace works on them all, but for now let's take that last entry--**guilty thoughts**--and really throw them off!

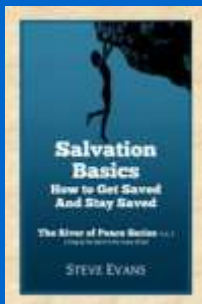


[Your Choice of Coverings!](#)

### **Keep the undertow from getting underfoot.**

Have you noticed that there is almost always an undercurrent of guilt or inner accusation, seeking to attach itself to the main current of our thought life? ("Could have done this, should have done that, how can you be thinking that, what kind of Christian are you...") Have you noticed that when a police car suddenly shows up in your rear view mirror it often sends a shock of fear/guilt through you?

**This is the unrelenting work of the Accuser** of the brethren (see Rev 12:10) which ranges from "thunder and lightning strikes" in the conscience to "overhanging clouds" blanketing all with blame. You and I will never be good enough, or do good enough, to silence the enemy's accusing voice. There is always an arguable element of legitimacy--we are sinful ones being saved by the Graceful One. And sometimes, of course, we are actually guilty and need to confess it.

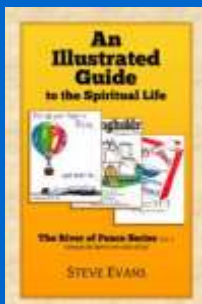


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**Hot off the Press!**



**Typically, we try to cover ourselves** to keep from having to be dragged down by this inward assault. None of us wants to feel weighted down. None of us wants to be rained on by guilty feelings. So we hold up different "umbrellas" as modern fig leaves to cover our "nakedness." **Consider these standard strategies:**

- 1) Minimize one's own sins and sinfulness.
- 2) Turn a blind eye and deaf ear to one's sins.
- 3) Strive hard to be better, in order to make up for it.
- 4) Stay too distracted to notice the inner dialogue.
- 5) Focus on others' sins and sinfulness instead.
- 6) Always excuse oneself and cast blame on others.

**The Grace Covering.** The truth is that we don't need a million excuses or blind eyes and deaf ears. We can look squarely at any inner accusation and quickly be free of it, whether it is true guilt from the Holy Spirit or false guilt from the Accuser.

**True liberation always comes** when we have the moral courage to face our sin as sin and the faith courage to face our God as our Covering. You and I are covered by the Father's Love and by the Son's Blood. Period! This is always true, so rejoice in your covering with every fresh sighting of your sins (real or alleged). **Live covered by Grace!**

Go here for more on [overcoming accusing thoughts](#).

**The Beauty of Fully Forgiving**

**Going beyond the purely selfish motives...**

**Yes, I know that forgiveness is hard work.** Believe me when I say it. But I also know that there is a beauty realm that opens to the one who truly finishes the work. Jesus says we must forgive fully from the heart. He is not being mean or trying to make life harder for us. **He wants what is best for us!**



Falling Short

**Don't stop short of the finish**

**line!** Many people that I have sounded out on this, only forgive a wrong to the point where it is no longer actively causing pain and hard feelings. But if I delve into their place of hurt or offense, they start feeling it again. **This is stopping far short of the beauty realm!**

**The beauty realm described:**

- 1) Fully forgiving a person means that I am **entirely free of the pain**. I can't summon it up even if I want to! This means that I now am fearless about being hurt in that way again, because I

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**Resources**



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have entirely gotten over it.

2) Fully forgiving means I have actually **re-gained a vital ability** I lost from childhood--that of completely letting things go. This frees me in a marvelous way to become childlike again, the very thing Jesus wants for us all ("unless you are converted and become like a little child you cannot enter the kingdom...").

3) Fully forgiving means that I am **no longer bound by my past**, by what others may say or do, by yesterday; I am actually released to live entirely in the present with an open future before me! And the present moment is the only place where *Life* is taking place.

4) **Pain, anger, fears, heavy weights go**; freedom, peace and joy come and begin to flow out of me, leading me into a river of life.

**All this!** And this is just **the selfish side** of the beauty realm!

The exquisitely beautiful side is what changes in our innermost attitudes towards other people, because **in order to fully forgive people:**

**1) We gain sympathy and compassion** for them and for their wounds (underlying their sins against us) as we seek to find reasons to forgive.

**2) We grow in understanding and patience** as we seek the Lord's patience and loving kindness for them and for us (for being so rebelliously unforgiving!).

**3) We join Jesus on the Mercy Seat** in Holy Spirit empowered intercession. There is no one on earth in a better position to pray with power and authority for the ones Satan has used so cruelly used against you, than you!

**4) We enter into the heart of God.** Hearing the high call to join Jesus on His mercy seat, means gaining eyes to see what He sees: the terrible woundedness that underlies sin. This is the deep wellspring of His own compassion, the fountainhead of His own great love for sinners which makes Him so beautiful to us.

**On this side of the beauty realm** it is no longer about what we can get out of forgiving someone (beautiful as those gifts are), but **what we can give to Jesus:** the inheritance He deserves, as we join Him in praying for restoration the lost souls that sinned against us.

For more on how to do this see **Freedom through Forgiving.**

**Living Free of Regret and Shame**  
***Let pride take the hit...***

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### Featured Video



Mercy of the Son with stream

### Turning the tables on self-reproach.

See if this helps you finally let go of reproaches you have carried against yourself

for times of moral failure in the past. Let my words to one of our students **"walk your heart through truth."**

This fellow was being flooded with feelings of shame and self-blame whenever someone would reproach him or disrespect him (this is a common experience of many at the Mission).



The Way We See Ourselves

I told him,

**"These present moments are still being activated by buried memories** of past times when you would return home to family members after bouts of drinking and drugging and have to face their angry reproaches, times when you were already filled up with your own own shame and self-reproach. You need to work with God to **clear out the pride base** that is still holding so much shame and blame against yourself." (Humiliation and shame show that pride has not yet been transformed into humility.)

"God saw that it would take all of those times for you to wake up and turn away from following your own thoughts and desires and to realize your need to cling to Christ and go His ways. You keep blaming yourself for your bondage to Self--but **the truth is you were swallowed up by a powerful deception.**

**"Our Father NEVER reproaches us** for our weaknesses or failure to 'get it' sooner. We look back and wish we had been different than who we turned out to be. We think that we should have known better, but **evidently we were not that person.** This kind of self-reproach is coming from a pride-based view of ourselves (as somehow being less in need of mercy and saving help that it turned out we were).

**"We have to accept it that we turned out to be the kind of person that needed every one of those failures to 'get it.'** That's who we really are--apart from Christ. Once we see that about ourselves we can truly see it is a very good thing that God turned out to be the kind of God who loved us enough to work with us so patiently and lovingly all along the way."

**"Let pride take the hit.** The truth is that you and I would have been far worse than even that, if God had not been secretly holding us up and helping us all along. Apart from Him there really is 'no good thing in us' and we can 'do nothing' good without Him.

**But He NEVER holds that against us.** So stop holding it against yourself. He lets us misuse our freedom in order to preserve our freedom and to help us to learn that wrong ways never work, so that we will freely turn to Him. He will use even our longest series

of failures to show us how forgiving, patient and kind He really is-- and that Self has nothing to offer us.

**So accept the humility of realizing** that we would only have done better if we had known better, but God saw our true condition with infinite mercy and worked with us so that we could eventually know better and begin going a different way."

For more on "**Our New Identity**."

## From We to Thee

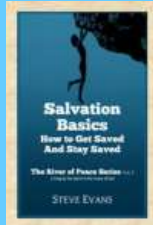
### *Preparing for the Harvest...*

From the pages of our new website **forerunners4Him.org** has come a new book:

***Salvation Basics: How to Get Saved and Stay Saved.***

This is also the book that the men at the Mission have helped me to write. It has been through working with them that I have gained far more clarity (I believe) into the deeper issues of how to stay saved. Hey, we all know that getting saved is easy--it is staying in the joy of His salvation (Ps 51) that is the tricky part. Check out a sample at **amazon**.

**We will supply this book at half price** (for orders of 10 or more) to any group or individual wanting to distribute them to seekers and new believers!



*Steve and Eunice*



## Truths with Traction!

A lifetime of learning has gone into the workbook that forms the basis of what we teach. Steve likes to say that these truths have been field tested! They are "***truths with traction***," guaranteed to get your emotional life unstuck from those pesky stronghold areas that the enemy loves to bring our walk to a halt with.

All it takes is a small investment your time and treasure to have so many secrets of the heart opened to your understanding. In our seminars it is a constant thrill to see "***the lights go on***" for the students. Now you can have the seminar experience in the comfort



of your own home! How can you resist? This is the 176 page 8 1/2" x11" ring-bound booklet that we use in class.

**Our Price:** \$17.50

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**Healings Streams** is a Christian ministry dedicated to helping people find peace and freedom from troubling issues of the emotional life. Such deep roots often become the source for a host of stress related diseases, psychological disorders and addictions. Even so, our goal for people is not just escape from emotional stress and its consequences, but full entry into true Kingdom living - plunging into the river of Peace that flows all around us from the throne of Grace.

***Let's all jump in!***

**Sincerely,**

***Steve and Eunice Evans***

**Healing Streams Ministry**

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