

# A.C.T.! Fast to Reconnect with Jesus

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**Feeling Unplugged?** We have an enemy actively “seeking whom he may devour,” always working to separate us from our God by weakening our trust connection or by diverting us from the path of obedience (1 Peter 5:8). We must be ready to “plug back into the Lord” whenever we start losing the peace and confidence He gives us, or we will quickly discover our lives embroiled in stress, anxiety and despair, or other signs of captivity to the enemy.

Every fresh challenge presents us with an opportunity to grow spiritually into Christ, or to fall backwards into reliance upon Self—our former graceless and unfruitful way of life.

Remembering this means that we need some principle of simplicity to ingrain the new ways so that we can recognize the “opportunity” to grow and take advantage of it. You can learn to **A.C.T.!** fast to reconnect with Jesus:

- 1) **A**dmit that you need His help.
- 2) **C**all on His Name.
- 3) **T**rust your situation to at least one of His promises.
- 4) **ACT** upon any guidance He may give you by His Word or by His Spirit.
- 5) **!** Thank Him for helping you even before the final resolution arrives.

Restored peace is always His sign to you of a solid faith connection on your part.

**“I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.”** John 15:5 ESV

**And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.** Colossians 3:15 ESV

**Prayer:** *Father, thank You that I don't have to face life's challenges and temptations alone for You, Jesus and the Holy Spirit are always with me! Help me learn to recognize when I am losing Your peace—that is always the sign that my faith connection is being nibbled on by the enemy. Strengthen me to fight back by calling on Your Name and by seeking a Spirit-graced promise to believe so that my trust can be restored. Then enable me to go all out in seeking You for a step of guidance that will lead me through to victory.*



Illustrating a Truth of  
[Recognize and Replace!](#)



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