

Gifted with Regeneration

New Life by the Gospel of Grace

Regeneration simply means that we have been brought back to life: re-generated. Of course it can be made much more complicated than that by asking the obvious question: "Was I dead and didn't know it?" Yes, that's it! "But in what way dead? And how was I brought back to life? And why didn't I know it? And why don't I always feel more alive?" Now, that's too many questions!

He saved us, not because of works done by us in righteousness, but according to his own mercy, by the washing of regeneration and renewal of the Holy Spirit.
Titus 3:5 ESV

Reborn with "Eyes" of Faith

Let's start with the Biblical fact: We have been "born anew" or "born from above" in the words of Jesus. The common phrase for this nowadays is being "born again." In speaking with Nicodemus, Jesus said that without this new birth, we would not be able to "see" or "enter" the kingdom of God and then He said that these were "earthly" things. So the new birth brings us into a life on earth in which we can see something previously hidden from our eyes. Without the ability to see we cannot even enter this kingdom. What is He talking about?

The new birth gives us eyes of faith to see Jesus as both Savior and Lord. For me this was the absolute first thing about it. I suddenly "knew" that Jesus was Lord, had always been Lord, and I was only now "seeing" the truth that had been there all along. I'm sure most, if not all, Christians can say with the formerly blind man at the Pool of Bethesda, "I was blind, but now I see."



Regenerated Vision

According to Paul, we were all blind from birth with our spiritual sight veiled from "seeing" the Lord of glory. This was due to the Fall when our first father Adam lost the ability to hold an accurate image of God in his heart. Adam's blindness was passed on to all of us. With the new birth spiritual sight is restored! This is a major part of what brings us to life: We are now able to behold Him who is our life.

John says that to know Jesus is eternal life. To not know Jesus is, therefore, a form of "living death" from which we have now been delivered. The unveiling of our spiritual eyes enables us to see Jesus and that unites us to His eternal life. This is one aspect of what took place in the regeneration and it is likely the one with the most immediate and profound effect upon us.

Another side to regeneration is that until Christ came we were "dead" in our trespasses and sins. Even our spirit—which we may not have known we had—was dead; it could not produce life in us. In seeking the salvation that God offers, we [repented](#) of our sins and asked to be



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forgiven. The Father then came mercifully to our rescue by forgiving us, [justifying](#) us (through faith and through the Blood of Christ), giving us a new heart, a new spirit and placing His own [Holy Spirit with us](#). What a whirlwind of activity that is! All of this effectively brings us back to life. We are raised by grace as [New Creations](#) into a brand new life of faith.

Next "Free Gift" to Open

[Gifted with New Relationships](#) You may be thinking, "But I already have lots of people in my life—that's part of the problem!" We all have relationships with other people, but that's not what the new birth brings us. It doesn't bring us more of the same, it radically changes what we have had in every dimension. Here's how...

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Regeneration Scriptures

And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh. Ezekiel 36:26 ESV

But to all who did receive him, who believed in his name, he gave the right to become children of God, who were born, not of blood nor of the will of the flesh nor of the will of man, but of God. John 1:12-13 ESV

Jesus answered him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God... Do not marvel that I said to you, 'You must be born again.'" John 3:3, 7 ESV

He saved us, not because of works done by us in righteousness, but according to his own mercy, by the washing of regeneration and renewal of the Holy Spirit. Titus 3:5 ESV

Having purified your souls by your obedience to the truth for a sincere brotherly love, love one another earnestly from a pure heart, since you have been born again, not of perishable seed but of imperishable, through the living and abiding word of God. 1 Peter 1:22-23 ESV

Beloved, let us love one another, for love is from God, and whoever loves has been born of God and knows God. 1 John 4:7 ESV

Everyone who believes that Jesus is the Christ has been born of God, and everyone who loves the Father loves whoever has been born of him. 1 John 5:1 ESV

For this is the love of God, that we keep his commandments. And his commandments are not burdensome. For everyone who has been born of God overcomes the world. And this is the victory that has overcome the world— our faith. Who is it that overcomes the world except the one who believes that Jesus is the Son of God? 1 John 5:3-5 ESV



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Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead. 1 Peter 1:3 ESV

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For over a decade Steve Evans and [Healing Streams](#) have been helping people recover inner peace and freedom through the free eCourse for healing, [Matters of the Heart](#). Through Forerunners4Him he has been showing how we can be saved for heaven and teaching the way to live a Spirit-filled life on earth. Go now to receive a completely free primer, [Getting to Heaven](#) and/or an introduction to [Living in the Spirit](#) at our website.



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